



Request for Free Chest Binder

Recipient's Information

Name	
Size Check one	<input type="checkbox"/> XXS <input type="checkbox"/> Large <input type="checkbox"/> 3XL <input type="checkbox"/> XS <input type="checkbox"/> X-Large <input type="checkbox"/> 4XL <input type="checkbox"/> Small <input type="checkbox"/> 2XL <input type="checkbox"/> 5XL <input type="checkbox"/> Medium
Quantity Allowed by Jurisdiction Policy Check one	<input type="checkbox"/> 1 <input type="checkbox"/> 2
Allowed Colors Check all that apply	<input type="checkbox"/> White <input type="checkbox"/> Black <input type="checkbox"/> Tan <input type="checkbox"/> Other: _____
Mailing Address Please write the full name and address exactly how it should appear on the mailing label.	
Other Notes Optional	

Counselor's Information

Name	
Title	
Email	

Once this Application Form has been completed, scan and email a PDF or send a high-resolution photo of completed form to binders@pointofpride.org.

Point of Pride will reply to confirm receipt of the request as well as the approximate wait time, and then email you again once the binder is in the mail with a tracking number.

Once you've received the tracking number, speak with the mail receiving room at your facility to ensure they will not refuse the package.

Sizing

Instructions for Counselor

Print this document at 100% size with no scaling to ensure accuracy.

Cut the strips leaving the grey tabs on the edge. Attach the strips by placing the grey tab beneath the previous strip using glue or tape.

Instructions for Recipient

Do not wear a bra or any other compression products when measuring yourself.

First, measure your chest size. The chest measurement should be taken all the way around your torso. The measuring tape should not compress your chest tissue but should touch your body. If the measuring tape is not touching your body, it's too loose.

Next, measure your shoulder width. Place the measuring tape at the point of one of your shoulders. Then stretch the tape to the point of your other shoulder. Don't wrap the measuring tape all the way around your shoulders for this measurement—just point-to-point.

	XS	S	M	L	XL
Chest Size	< 32"	32-34"	34-36"	36-38"	38-40"
Shoulder Width	< 13"	13-16"	14-17"	16-20"	20-23"

	2XL	3XL	4XL	5XL
Chest Size	40-42"	42-44"	44-47"	47-52"
Shoulder Width	20"+	20"+	20"+	20"+

If you're in between two sizes, please round up to the larger size. Do not intentionally go down in size: you will not be able to put your binder on.

